

**Subject:**

Infertility

**Study****Conducted:****Country:Institution:**

Denmark

Not indicated.

**Citation:**

Eriksen, L., "Has Reflexology and Effect on Infertility?" Danish Reflexologists Association Research Committee Report, 1995, first reported in 1990 .

**Synopsis:**

61 women, with infertility were given dietary advice and 16 sessions of foot reflexology. They were also given questionnaires before and after this 7-8 month study for evaluation. Out of the remaining 52 women, 75% improved in other health areas, and 60% had menstruation problems prior to sessions. 70% reported marked improvement.

**Conclusion:**

Some participants did experience changes while receiving reflexology for infertility, but no scientific conclusions can be drawn.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.